Carving your path: designing career pathways from student to faculty David Pavao, PT, DPT, OCS 3:45 - 4:45pm Private Practice: business strategies, marketing, Communication, Professionalism, Orthopedic, Manual Therapy, Sports Medicine

Burnout is high, particularly in healthcare professions - including physical therapy - which has seen many leave the profession in recent years. Our profession also continues to struggle with being recognized for our value as primary care providers of MSK. In this presentation we will discuss how we address these two issues concurrently by designing clinical programs and pathways to enhance passion & engagement while promoting the practice of PT 'at the top of the license'. Over the last several years in our practice, we have built professional development programs to promote a culture of engagement and professional growth opportunities. We look forward to sharing with our APTA colleagues how we planned for, designed, and executed on creating clinical pathways - from the student affiliation experience to young professional mentorship to residency faculty - that engage our therapists and promote clinical excellence.

Objectives:

1. Understand the state of burnout and disengagement in the PT profession & the reasons behind this.

2. Learn objectives for defining success when designing in-house professional development pathways.

3. Review how to integrate a culture of practicing at the top of the license into professional development pathways.

1. https://www.ppsimpact.org/from-the-president-mar-2022/?print=print

2. https://www.fsbpt.org/Portals/0/documents/freeresources/Spring2018ForumOccupationalBurnoutinPhysicalTherapy.pdf

3. https://pubmed.ncbi.nlm.nih.gov/14577826/

4. https://pubmed.ncbi.nlm.nih.gov/15963232/

5. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5280041/"

Speaker bios

https://www.performanceptri.com/TEAM/davepavao

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